



## Living a Life of Wholeness

*Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. For I rejoiced greatly when brethren came and testified of the truth that is in you, just as you walk in the truth. I have no greater joy than to hear that my children walk in truth.*

*3 John 1:2-4 (NKJV)*

\*\*\*

**Prayer Focus:** What does it look like to live a life in harmony with Jesus as our Healer? John gives us a glimpse of his understanding of wholeness of life, including physical and spiritual health. John ties prosperity of health and soul together, and he grounds everything in the power of walking in the truth. To know the truth and live out the truth through our lives will bring us to a place of health in our bodies and souls. Often we think of healing simply in the sense of our physical bodies. Yet there are many more infirmities that are actually sicknesses of the mind or soul. John expresses his desire that those he loves dearly will prosper in their souls, and that it will be reflected in their physical health. Often our outer health is a reflection of either the war that wages in our souls—or the peaceful inner life that comes from complete trust in Christ. The key to a life of wholeness is to walk in truth, which is found in the life of Jesus Christ. If we are out of alignment with God’s intended purposes and the truth of His Word, we cannot be “healthy” as the Lord intends for us.

**Day 1:** Praise the Lord that He enables us to walk in the truth.

**Day 2:** Thank the Lord that He desires you to prosper in all things, including your body and soul.

**Day 3:** Confess to the Lord if you have not walked in truth—and thus perhaps have suffered physically and spiritually.

**Day 4:** Ask the Lord to give you an understanding of true wholeness of life centered in Jesus Christ.

**Day 5:** Confess and repent of those things that have affected your health, including any anger or lack of trust in God.

**Day 6:** Pray that your church leaders will walk in the truth and lead in a way that demonstrates prosperity of the soul.

**Day 7:** Pray for an awakening of the truth of Jesus Christ in your city, that your city might prosper as well.

*Taken from the book “Come, Lord Jesus: transformation prayer guide”*

*Published by Prayer Transformation Ministry, Minneapolis*

## Jesus Christ as Our Healer

**J**esus stunned the world with His healing power. Granted, people were amazed by His teaching and intrigued by His claims to be the Son of God. They watched with curiosity when He challenged the religious system of the day. But they were absolutely awestruck and changed forever by His compassionate healing touch.

Many times in the Gospels, it is recorded that Jesus healed every person, every disease, and every demonic stronghold that was presented to Him. Matthew relates that as Jesus traveled throughout Galilee teaching and preaching about the Good News of the Kingdom, He authenticated His claims through the power of healing:

...And he healed people who had every kind of sickness and disease. News about him spread far beyond the borders of Galilee so that the sick were soon coming to be healed from as far away as Syria. And whatever their illness and pain, or if they were possessed by demons, or were epileptics, or were paralyzed—he healed them all. Large crowds followed him wherever he went... (Matthew 4:23-25, NLT).

The Gospels do not record times when Jesus looked upon the sick and told them that they should live with their illnesses. His heart of compassion always overtook Him, and the result was that multitudes of people were set free and restored in an instant.

The only time it seems that Jesus was hindered in His healing was in his hometown of Nazareth. Those who knew Him were offended by Him, and as a result He healed only a few of the sick. Their unbelief restricted the unleashing of mighty miracles (Mark 6:1-6).

It is obvious in reading through Scripture that Jesus' heart was for all people to be healed. Jesus' authority and power to heal went unchallenged by even the most dramatic and seemingly hopeless situations. If a leper needed to have his skin and body completely restored—no problem. The fact that Lazarus had been dead for several days was not an issue for Jesus when it came time to call him forth from the dead. Even those tormented by demons, with supernatural strength to break chains and terrify people, found instant freedom through Jesus' healing touch.

As you pray through Jesus Christ as Our Healer, invite the Lord to instill in you a renewed faith that fully embraces His power to heal and restore. Perhaps we need a refreshing of our belief!

## Transformation: Jesus in Our Midst

As we pray about transformation, we need a common definition of what a truly transformed community might look like:

### A transformed community is:

- A neighborhood, city, or nation whose values and institutions have been overrun by the grace and presence of God.
- A place where divine fire has not merely been summoned, but has fallen.
- A society in which natural change has been disrupted by invasive supernatural power.
- A culture that has been impacted comprehensively and undeniably by the Kingdom of God.
- A location where Kingdom values are celebrated publicly and passed on to future generations.

### Community transformation is indicated when:

- Political leaders publicly acknowledge their sin and dependence on God. (2 Kings 11:17-18; 23:1-3; Jonah 3:6-9).
- New laws, curricula, and business practices are put into effect (2 Chronicles 19:4-10; Nehemiah 10:31).
- The natural environment is restored to its original life-nurturing state (Leviticus 26:4-5; 2 Chronicles 7:14; Ezekiel 34:27-31).
- Economic conditions improve and lead to a discernible lessening of poverty. (2 Chronicles 17:3-5; Psalm 144:13-14; Isaiah 60:5-7; Amos 9:13).
- There is a marked change in social entertainment and vices as Kingdom values are integrated into the rhythm of daily life (Ezra 10:1-4; Nehemiah 8:10, 16-17; Acts 19:17-20).
- Crime and corruption diminish throughout the community
- (2 Kings 12:13-15; Nehemiah 5:6-12; Isaiah 60:17-18).
- Volunteerism increases as Christians recognize their responsibility to heal and undergird the community (Isaiah 58:10-12; 61:1-4).
- Restored hope and joy leads to a decline in divorce, bankruptcy, and suicide (Nehemiah 12:27-28, 43; Isaiah 54:11-14; 61:3-7; Jeremiah 30:17-19; 31:11-13; Hosea 2:15).
- The spiritual nature of the growing socio-political renewal becomes a hot topic in secular media (2 Chronicles 20:29; Nehemiah 6:16; Isaiah 55:5; Ezekiel 36:36; Acts 19:17).
- Overwhelmed by the goodness of God, grateful Christians take the embers of revival into surrounding communities and nations (2 Chronicles 17:9; Isaiah 61:6; Acts 11:20-26).

*(Source: The Sentinel Group)*

## About Prayer Transformation Ministries

This prayer guide is written and published by Prayer Transformation Ministries, a ministry located in Minneapolis/St. Paul, MN. Since 1993, Prayer Transformation Ministries (PTM) has worked with the prayer movement in the Twin Cities, the state of Minnesota, and the nation.

Prayer Transformation Ministries *provides Christ-centered awareness, training, and equipping for personal and societal transformation.*

### **About the Authors:**

**Steve Loopstra** is the executive director of Prayer Transformation Ministries. He is also a member of the National Prayer Committee and serves on the Board of the National Church Prayer Leaders Network.

Steve's heart for prayer was demonstrated during his 20 years of pastoring prior to joining the PTM staff. He is a great encourager of pastors to develop "cultures of prayer" in their congregations. Steve also teaches and writes on prayer for revival and transformation. He and his wife Marilou have two children.

**Carol Madison** is the associate director of Prayer Transformation Ministries. She served in Christian publishing for 17 years before joining the PTM staff. Her experiences include editing a denominational magazine and creating a unique magazine designed to reach the unchurched. Carol writes and speaks on a variety of prayer topics, including the hope for revival and transformation. Her heart is to encourage believers to contend in prayer for their communities. She is a member of the National Prayer Committee.

### **Prayer Transformation Ministries serves by:**

- Teaching/writing on principles of revival and transformation.
- Encouraging local churches to develop "cultures of prayer."
- Publishing prayer guides devoted to united prayer.
- Networking intercessors and prayer movements.
- Giving leadership to citywide catalytic prayer events.
- Producing *Call to Prayer* radio spots.
- Encouraging a children's prayer movement.
- Training and networking local church prayer leaders.

**Website:** [www.prayertransformation.com](http://www.prayertransformation.com)