



## Repentance Unleashes Healing Power

*Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and wonderful results.  
James 5:16 (NLT)*

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**Prayer Focus:** Jesus as our Healer desires to come and bring healing and restoration, but often it is our unrepentant hearts that hold back the flow of His power. Confession of sin and the hope for healing are inextricably linked together. A person walking in righteousness can be assured of a greater level of confidence and effectiveness in approaching the throne of God! This passage offers a very practical pathway toward healing: confession before one another. Sin and lack of repentance can be the very things that facilitate our sickness, whether physical, spiritual, or emotional. When we carry the burden of sin, hiding, and shame, a huge toll is taken on our emotions, spirits, and even our bodies. The power of prayer and healing is unleashed when we walk in a lifestyle of repentance and righteous living. Humble and repentant hearts are the key to prayer demonstrated with “power and wonderful results.” Experiencing the fullness of the Lord Jesus as our Healer is promised when we deliberately choose to live a righteous life before Him and others.

**Day 1:** Praise the Lord for His power to heal every area of your life—physical, spiritual, and emotional.

**Day 2:** Allow the Lord to show you any area of unconfessed sin that limits your effectiveness in prayer

**Day 3:** Confess areas of sin to the Lord and, if appropriate, confess before other trusted believers.

**Day 4:** Ask the Lord to help you to live a lifestyle of repentance so that your prayers will not be hindered.

**Day 5:** Praise the Lord for His desire to heal in answer to the prayers of His righteous saints.

**Day 6:** Pray that leaders in your church will grow in their understanding of the place of repentance in healing

**Day 7:** Pray that you will understand more by the Spirit how to pray for healing in the lives of others.

*Taken from the book “Come, Lord Jesus: transformation prayer guide”  
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## Jesus Christ as Our Healer

**J**esus stunned the world with His healing power. Granted, people were amazed by His teaching and intrigued by His claims to be the Son of God. They watched with curiosity when He challenged the religious system of the day. But they were absolutely awestruck and changed forever by His compassionate healing touch.

Many times in the Gospels, it is recorded that Jesus healed *every* person, *every* disease, and *every* demonic stranglehold that was presented to Him. Matthew relates that as Jesus traveled throughout Galilee teaching and preaching about the Good News of the Kingdom, He authenticated His claims through the power of healing:

*...And he healed people who had every kind of sickness and disease. News about him spread far beyond the borders of Galilee so that the sick were soon coming to be healed from as far away as Syria. And whatever their illness and pain, or if they were possessed by demons, or were epileptics, or were paralyzed—he healed them all. Large crowds followed him wherever he went...* (Matthew 4:23-25, NLT).

The Gospels do not record times when Jesus looked upon the sick and told them that they should live with their illnesses. His heart of compassion always overtook Him, and the result was that multitudes of people were set free and restored in an instant.

The only time it seems that Jesus was hindered in His healing was in his hometown of Nazareth. Those who knew Him were offended by Him, and as a result He healed only a few of the sick. Their unbelief restricted the unleashing of mighty miracles (Mark 6:1-6).

It is obvious in reading through Scripture that Jesus' heart was for all people to be healed. Jesus' authority and power to heal went unchallenged by even the most dramatic and seemingly hopeless situations. If a leper needed to have his skin and body completely restored—no problem. The fact that Lazarus had been dead for several days was not an issue for Jesus when it came time to call him forth from the dead. Even those tormented by demons, with supernatural strength to break chains and terrify people, found instant freedom through Jesus' healing touch.

As you pray through *Jesus Christ as Our Healer*, invite the Lord to instill in you a renewed faith that fully embraces His power to heal and restore. Perhaps we need a refreshing of our belief!

## Transformation: Jesus in Our Midst

As we pray about transformation; we need a common definition of what a truly transformed community might look like:

### **A transformed community is:**

- A neighbourhood, city, or nation whose values and institutions have been overrun by the grace and presence of God.
- A place where divine fire has not merely been summoned, but has fallen.
- A society in which natural change has been disrupted by invasive supernatural power.
- A culture that has been impacted comprehensively and undeniably by the Kingdom of God.
- A location where Kingdom values are celebrated publicly and passed on to future generations.

### **Community transformation is indicated when:**

- Political leaders publicly acknowledge their sin and dependence on God. (2 Kings 11:17-18; 23:1-3; Jonah 3:6-9).
- New laws, curricula, and business practices are put into effect (2 Chronicles 19:4-10; Nehemiah 10:31).
- The natural environment is restored to its original life-nurturing state (Leviticus 26:4-5; 2 Chronicles 7:14; Ezekiel 34:27-31).
- Economic conditions improve and lead to a discernible lessening of poverty. (2 Chronicles 17:3-5; Psalm 144:13-14; Isaiah 60:5-7; Amos 9:13).
- There is a marked change in social entertainment and vices as Kingdom values are integrated into the rhythm of daily life (Ezra 10:1-4; Nehemiah 8:10, 16-17; Acts 19:17-20).
- Crime and corruption diminish throughout the community
- (2 Kings 12:13-15; Nehemiah 5:6-12; Isaiah 60:17-18).
- Volunteerism increases as Christians recognize their responsibility to heal and undergird the community (Isaiah 58:10-12; 61:1-4).
- Restored hope and joy leads to a decline in divorce, bankruptcy, and suicide (Nehemiah 12:27-28, 43; Isaiah 54:11-14; 61:3-7; Jeremiah 30:17-19; 31:11-13; Hosea 2:15).
- The spiritual nature of the growing socio-political renewal becomes a hot topic in secular media (2 Chronicles 20:29; Nehemiah 6:16; Isaiah 55:5; Ezekiel 36:36; Acts 19:17).
- Overwhelmed by the goodness of God, grateful Christians take the embers of revival into surrounding communities and nations (2 Chronicles 17:9; Isaiah 61:6; Acts 11:20-26).

*(Source: The Sentinel Group)*

## About Prayer Transformation Ministries

This prayer guide is written and published by Prayer Transformation Ministries, a ministry located in Minneapolis/St. Paul, MN. Since 1993, Prayer Transformation Ministries (PTM) has worked with the prayer movement in the Twin Cities, the state of Minnesota, and the nation.

Prayer Transformation Ministries *provides Christ-centered awareness, training, and equipping for personal and societal transformation.*

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### Prayer Transformation Ministries serves by:

- Teaching/writing on principles of revival and transformation.
- Encouraging local churches to develop "cultures of prayer."
- Publishing prayer guides devoted to united prayer.
- Networking intercessors and prayer movements.
- Giving leadership to citywide catalytic prayer events.
- Producing *Call to Prayer* radio spots.
- Encouraging a children's prayer movement.
- Training and networking local church prayer leaders.

**Website:** [www.prayertransformation.com](http://www.prayertransformation.com)