## AN ULTIMATUM FOR GOD

In this story, Grace shares how God responded to her ultimatum. Have you ever given God an ultimatum?

Grace had a tough time being a teenager: "Family members did not communicate with each other and I longed for connection. When I was thirteen years old, it was the hardest time of my life. I wanted to commit suicide. I said to God: if you are real, it's time for you to show up."

https://xpeditionglory.com/en/2018/05/suicidal-teenager/

**CREATING HOPE THRU ACTION** Suicide is a major public health problem with far-reaching social, emotional and economic consequences. It is estimated that there are currently more than 700 000 suicides per year worldwide, and we know that each suicide profoundly affects many more people.

World Suicide Prevention Day is SEPTEMBER 10 to encourage hope & strengthen prevention.

- Help start important conversations
- Choose your language carefully
- Find out more about supporting someone youre worried about & how you can talk about suicide online https://www.samaritans.org/support-us/campaign/world-suicide-prevention-day/

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